

Appendix 1

Update on actions listed at Priority 8 in the Health and Wellbeing Strategy

Action	Up date
Further develop and integrate early intervention services to ensure prompt and timely support for children and young people with emerging mental health problems	The tier 2 (CHUMS) service (Commissioned by the PCT now the responsibility of BCCG) was introduced in 2012 and offers a single point of access for the tier 2&3 services. This has improved the referral pathway. Further opportunities to improve the pathway and identify opportunities for early intervention are being considered as part of the reviews underway (see appendix 2)
We will review the service model for new mothers experiencing post natal depression	Public Health have completed the review of the post natal maternal health pathway and made proposals for improvement. The next stage is to work with commissioners & providers to agree an implementation plan with timelines and milestones.
We will enhance local specialist services for young people with eating disorders	The service was enhanced in summer 2012 with funding for additional specialist support. The commissioners report that the service is now supporting more young people in the community.
Ensure that a preventative and early intervention approach is taken with a focus on parenting support programmes	A wide range of early intervention programmes are available, accessed through the CAF Support Team. The Early Help Offer recently published on-line by CBC outlines the type of interventions that are available and how they can be accessed. A wide range of parenting programmes are available covering all ages from Mellow Bumps, ante-natally, through to Strengthening Families 10-14. Parenting Puzzle and Parenting One Stop Shop are also offered through Children's Centres.
Ensure that those young people with ongoing mental health problems have a smooth transition to adult mental health services	Commissioners used the quality incentive mechanism of the NHS contracts during 2012/13 to improve this area. The providers were asked to review what was happening and identify where and how to make improvements. A progress report is due in July 2013.
Ensure CAMH services for children with a learning disability are integrated across health and social care	The Tier 3 CAMHS service identified a lead nurse to work with the CBC disability team. This has enabled closer working and further integration potential is being considered via the reviews.
Redesign CAMH services for looked after children to ensure	CBC has commissioned a redesigned Looked after Children CAMHS team.

early intervention	
Involve stakeholders and service users in the review of the integrated mental health and local authority services for children with a learning disability against the service specification	Stakeholders and service users will be included in the reviews presently being carried out.
Commission programmes in targeted schools to raise self esteem and build resilience among children and young people at increased risk of poor mental health.	During 2012/13 the Early Intervention emotional well-being contract of the council was delivered by Family Matters Institute. This targeted work on schools in areas of highest need, and offered training programmes to staff to enable the early identification of children with poor or potentially poor mental health. Group counselling was also offered to children and young people. The contract was re-drawn and retendered in 2013/14 and is presently being delivered by CHUMS.